Module 7

Emerging as Your Authentic Self

Review of Module 6

What did you discover in your Quiet Time?

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How did it feel to set aside that Quiet Time to connect with the Divine in you?

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Has the Divine revealed itself to you? If so how?

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Emerging as Your Authentic Self, means that you are willing to be visible. Walking in your Authentic Self will begin to create the life you desire as you become visible and active.

Now that you have experienced your Authentic Self and know how amazing that feels, it's time to allow the world to see the real YOU.

What do I know I am gifted with, am excellent at, and can bless myself and the world by using? (list as many as come to you):

1._____

2._____

3._____

4._____

5._____

How do I know I have these gifts? What is the evidence?

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Ask yourself the following questions: (take them into your Sacred Space)

1. What gift/gifts have I not been using?

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2. What have I been hiding myself and my gift/gifts behind?

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   _____

3. How can I use this gift/gifts first to assist me and then to assist others?

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   _____

4. Deep down inside, how have I felt about this gift?

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5. Who or what has been keeping me from using this gift?

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   _____

6. Is there something I require to let go of in order to use this gift?

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7. Why is stepping out into this gift so scary for me?

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8. What is one step I am willing to take right now to bring this gift or gifts forward in a bigger way?

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   _____

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Put this step into your calendar or appointment book right NOW. Give yourself a deadline by when you will take this step. This makes it real.

Then, once you've taken the step write about how it felt to take this step, what happened and what your next step is:

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